

# Apple Menu Ideas!

## **SERVE THEM FRESH**

- Whole apples or sliced and served chilled
- Use lemon juice or a Vitamin C dip to keep slices fresh

## **OFFER APPLE TASTE TESTS**

- Let kids sample different varieties like McIntosh, Empire, and Spartan
- Use taste test ballots or stickers to vote for favorites!

## **FEATURE APPLES IN DISHES**

- Add to salads, parfaits, wraps, or slaws
- Try baked apples, apple crisp, or cinnamon apple oatmeal



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